

The Parent Contract lays out the acceptable rules of behaviour of a parent in relation to their child's sport or recreation activity. By agreeing to this code of conduct, parents are acknowledging that their child's activity is for his or her enjoyment, not theirs.

Many sport groups and associations already distribute a Parent Contract at the beginning of the season. Before contracts are signed, sports organizations should discuss with parents how they can live by the contract and outline disciplinary guidelines should a parent break the agreement, i.e. banning the parent from attending the next game.

The following code of conduct is modelled after one developed by the Canadian Centre for Ethics in Sport (CCES):

## **The Parent Contract**

- ☐ I will remember that my child plays sport for his or her enjoyment, not for mine.
- ☐ I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence
- ☐ I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game/event
- ☐ I will make my child feel like a winner every time by offering praise for competing fairly and trying hard
- ☐ I will never ridicule or yell at my child for making a mistake or losing a competition.
- ☐ I will remember that children learn best by example. I will applaud good players' performances by both my child's team and their opponents.
- ☐ I will not force my child to participate in sports.
- ☐ I will never question the official's judgement or honesty in public.
- ☐ I will support all efforts to remove verbal and physical abuse from children's sporting activities.
- ☐ I will respect and show appreciation for the trained volunteer coaches who give their time to provide sport activities for my child, understanding that I have a responsibility to be a part of my child's development.
- ☐ I will respect and show appreciation for the other parents who share these beliefs.

I agree to Play Fair. \_\_\_\_\_

(Signature of parent)